

# HEALING IN MALTREATED CHILDREN

## A PRACTICAL COURSE FOR CAREGIVERS RAISING INJURED CHILDREN

Presented by faculty of  
THE MARY D. AINSWORTH CHILD-PARENT ATTACHMENT CLINIC

### **Course Description:**

Children with histories of maltreatment often have numerous behavior problems, difficulty in learning from their mistakes, trouble using their caregivers for help, and problems in regulating their emotions and interactions with others. This 8-session course focuses on children's attachment patterns, areas of resilience, and emotional and behavioral habits stemming from their earlier maltreatment. The focus then turns to ways of shaping children's behavior and interaction patterns toward health. In this course, participants will view numerous videotapes of various child interaction patterns (both healthy and high risk). Participants will have hands-on practice in identifying emotional cues, reading through miscues, and generating ideas for helping children heal within their new relationships. The training materials used in this course are based on scientific research in the areas of attachment, child development, and neuroscience.

### **Learning Objectives:** Through the Course Participants Will Learn:

1. A user-friendly model of development and healing in maltreated children, The Circle of Security
2. To identify children's interaction patterns, both healthy and high risk.
3. To identify children's attachment-related emotional cues and miscues.
4. To determine needs around the Circle of Security.
5. To generate ways of altering children's patterns toward health.

## Faculty

**Robert S. Marvin, Ph.D** is a developmental and clinical psychologist who specializes in families who have children with relationship or developmental problems. He was a student and friend of Mary Ainsworth and John Bowlby, and collaborated with them for many years.

Bob received his Bachelor's degree at the Johns Hopkins University, and his Master's and Doctoral degrees from the University of Chicago. He completed post-doctoral fellowships at the University of Minnesota and the University of Maryland Medical Center in Baltimore. He has been teaching and conducting clinical work and research at the University of Virginia since 1972. Currently he is founder and director of the Mary Ainsworth Child-Parent Attachment Clinic, and a Research Professor in the Department of Psychology at UVA.

Over his career, Bob has collaborated with other clinicians and scientists around the world in developing numerous procedures for assessing infants' and children's attachments to their caregivers in normally-developing and high-risk populations. He is part of a research team following children adopted from Romanian orphanages into the United Kingdom. He has also developed a number of evidence-based intervention protocols for high-risk children and their caregivers.

**William F. Whelan, Psy.D.** is a clinical child & family psychologist specializing in work with families having emotional/behavioral (relationship-based) problems with their children due to developmental disorders, family stress, or loss and trauma. He is Co-Director of the Mary D. Ainsworth Child-Parent Attachment Clinic in Charlottesville, Virginia, and Research Professor in the Department of Psychology at the University of Virginia.

Bill received his Bachelor's degree from The University of Chicago, and has done graduate training in psychology at Chicago and The College of William and Mary where he received his Doctor of Psychology degree. He completed a clinical internship and postdoctoral fellowship at the University of Virginia Medical Center.

After his fellowship, Bill joined the faculty of the University of Virginia School of Medicine (where he worked for 14 years in Pediatrics and Psychiatric Medicine, now retired). He is currently a Research Professor in the Department of Psychology at UVA, and a clinician in independent practice. He provides teaching and consultation services to psychologists, social workers, and physicians across Virginia, in other areas of the country, and overseas. He is involved in several research projects to develop assessment instruments and evidence-based intervention protocols for at-risk children and their caregivers, and has research funding from NIH. Bill has presented original research findings at national and international conferences (e.g., SRCD, Montreal, March 2011; International Attachment Conference, Oslo, Norway, Aug. 2011). He also provides training courses in the pre-school attachment coding system, in videotape-based assessment of attachment-caregiving interactions, and in treatment of high-risk attachment-caregiving patterns.

# REGISTRATION FORM

## **An Evidence-Based Clinical Training Course:**

**Phone: 434-984-2711 Fax: 434-984-2721**

**Course Instructor:** Dr. Bill Whelan or Dr. Bob Marvin

**Dates:** Beginning February 27, 2012 for 8 consecutive Mondays.

**Time:** 6:00 – 8:30 (dinner is included)

**Location:** Fredericksburg DSS  
608 Jackson Street.  
Fredericksburg, VA

**Course Fee:** \$1250 per person (scholarships for adoptive parents are available through a contract with VDSS)

**Who Should Attend:** Those parents who are fostering or have adopted children through the Social Service System.

**PARENT'S NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**DAYTIME PHONE:** \_\_\_\_\_

**E-MAIL (please list one for each participant):** \_\_\_\_\_

\_\_\_\_\_

**NUMBER & AGES OF CHILDREN:** \_\_\_\_\_

**YEAR OF ADOPTION FINALIZATION (if applicable):** \_\_\_\_\_

**Complete and fax this registration form to 434-984-2721**

A full refund will be given for cancellations made at least two weeks before the training date; a 50% refund will be given for cancellations made through the day before the training date; No refund will be made for no-shows or cancellations the day of the training, however, attendance at a future training will be offered.